















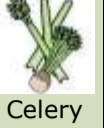


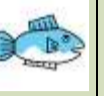
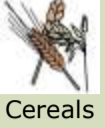









Allergen Table April 2026 – October 2026 CPU Page 1

| Recipe Name |  Mustard |  Soya |  Celery and celeriac |  Milk |  Egg |  Fish |  Cereals containing gluten |  Sesame |  Sulphur dioxide and sulphites |  Peanut |  Nuts |  Lupin |  Molluscs |  Crustaceans |
|--|---|--|---|--|---|---|---|--|---|--|--|---|--|---|
| Beef Spaghetti Bolognese | | | | | | | Y | | | | | | | |
| Beef Sausage | | | | | | | | | | | | | | |
| Roasted Lemon & Herb Chicken Thigh | | | | | | | | | | | | | | |
| Naga Beef Curry | | | | | | | | | | | | | | |
| Spanish Chicken in Bravas Sauce | | | | | | | | | | | | | | |
| Chicken & Sweetcorn Pasta Bake | Y | Y | | Y | | | Y | | | | | | | |
| Spicy Bean Burger (CPU) | | | | | | | Y | Y | | | | | | |
| Roasted Butternut Squash Macaroni Cheese | Y | Y | | Y | | | Y | | | | | | | |
| Cheese & Tomato Calzone | | | | Y | Y | | Y | | | | | | | |
| Spanish Omelette | | | | | Y | | | | | | | | | |
| Spinach & Ricotta Tortellini in a Rich Creamy Tomato Sauce | Y | Y | | Y | Y | | Y | | | | | | | |
| Vegetable Samosa with Pilau Rice | | | | | | | Y | | | | | | | |
| Tower Burger | | Y | | | | | Y | Y | | | | | | |
| BBQ Crispy Tofu | | Y | Y | | | | Y | | | | | | | |
| Veggie Meatballs in Tomato Sauce | | Y | | | | | | | | | | | | |
| Beany Vegetable Hotpot | | | | | | | | | Y | | | | | |
| Jacket Potato with Vegetable & Bean Chilli | | | | | | | | | | | | | | |
| Butternut, Chickpea & Vegetable Curry | Y | | | | | | | | | | | | | |
| Spicy Bean Burger (Homemade) | | | | | | | Y | Y | | | | | | |
| Salmon Fish Fingers Primary | | | | | | Y | | | | | | | | |
| MSC Pollock Fish Fingers Primary | | Y | | | | Y | Y | | | | | | | |
| Vinegar Infused Tempura Pollock Fillets | | Y | | | | Y | Y | | | | | | | |

Allergen Table April 2026 – October 2026 CPU Page 3

| Recipe Name |  Mustard |  Soya |  Celery and celeriac |  Milk |  Egg |  Fish |  Cereals containing gluten |  Sesame |  Sulphur dioxide and sulphites |  Peanut |  Nuts |  Lupin |  Molluscs |  Crustaceans |
|--|---|--|---|--|---|---|---|--|---|--|--|---|--|---|
| Apple and Cucumber Salad | | | | | | | | | | | | | | |
| Beetroot & Spring Onion Salad | | | | | | | | | | | | | | |
| Chef's House Salad | | | | | | | | | | | | | | |
| Cucumber Raita | | | | Y | | | | | | | | | | |
| Herby Crouton Salad | | Y | | Y | Y | | Y | | | | | | | |
| Masala Spiced Cucumber, Tomato & Onion Salad | | | | | | | | | | | | | | |
| Pepper, Carrots & Cucumber Sticks | | | | | | | | | | | | | | |
| Spanish White Bean Salad | | | | | | | | | | | | | | |
| Tomato, Basil & Red Onions Salad | | | | | | | Y | | Y | | | | | |
| Vegan Coleslaw (Homemade) | | | | | | | | | | | | | | |
| Apple & Banana Yoghurt Crunch | | | | Y | | | Y | | | | | | | |
| Apple Sponge | | Y | | | Y | | Y | | | | | | | |
| Banana Cake | | Y | | | Y | | Y | | | | | | | |
| Blueberry Yoghurt with Rice Krispies | | | | Y | | | Y | | | | | | | |
| Cantaloupe & Mixed Berries Yoghurt | | | | Y | | | | | | | | | | |
| Carrot Cake (RS) | | Y | | | Y | | Y | | | | | | | |
| Cheese & Breadstick (Laughing Cow) | Y | | | Y | | | Y | Y | | | | Y | | |
| Chocolate Custard | | | | Y | | | | | | | | | | |
| Chocolate Sponge | | Y | | | Y | | Y | | | | | | | |
| Custard | | | | Y | | | | | | | | | | |
| Eve's Pudding | | Y | | | Y | | Y | | | | | | | |
| Fruity Yoghurt Bar with Toppings | | | | Y | | | Y | | | | | | | |
| Jam & Coconut Sponge | | Y | | | Y | | Y | | Y | | | | | |
| Mango Yoghurt (Amrakhand Style) | | | | Y | | | Y | | | | | | | |
| Seasonal Fresh Fruit Platter | | | | | | | | | | | | | | |
| Seasonal Fresh Fruit Salad | | | | | | | | | | | | | | |
| Shortbread Biscuit | | Y | | | | | Y | | | | | | | |
| Strawberry Ice Cream-Scoop | | | | Y | | | | | | | | | | |
| Strawberry Jelly | | | | | | | | | | | | | | |
| Vanilla Ice Cream | | | | Y | | | | | | | | | | |
| Vanilla Sponge | | Y | | | Y | | Y | | | | | | | |
| Vegan Chocolate Brownie | | Y | | | | | Y | | | | | | | |