

CONTRACT **CATERING SERVICES** LUNCH MENU oct 2023 - Apr 2024

Fruity Yoghurt Bar

Asian Noodle Salad

Fruity Yoghurt Bar

Mango Fruit Fool

Macedoine of Vegetable

Salad

Yoghurt with Cinnamon

& Vanilla Pear

Fruit Salad with Yoghurt

Crunchy Coleslaw

Fruit Salad with Yoghurt



| Week 1 | Monday 'Planet Earth Day' | Tuesday 'Street Food Day' | Wednesday 'Traditional Day' | Thursday | Friday 'Favourites' |
|-------------|---|-------------------------------------|--|---|--|
| Dates | 30 Oct - 13 Nov - 27 Nov - 11 Dec - 25 Dec - 08 Jan - 22 Jan - 05 Feb - 19 Feb - 04 Mar - 18 Mar - 01 Apr | | | | |
| Main | Margherita Pizza with Baked Potato Wedges | Chicken Casserole with Rice | Roast Beef & Potatoes with Yorkshire Pudding & Gravy | BBQ Chicken with Rice | Crispy Bubble Pollock or Bubble Salmon Fillet with Chips |
| Vegetarian | Chickpea & Vegetable Tagine with Couscous | Quorn, Basil & Tomato Pasta Bake | Vegetable Hotpot with Roast Potatoes & Gravy | Veggie Meatballs in Tomato Sauce with Rice | Vegetable Fingers with Chips & Homemade Tomato Sauce |
| On the side | Sweetcorn & Peas | Broccoli & Carrots | Roasted Root Vegetables | Vegetable Medley & Sweetcorn | Peas & Baked Beans |
| Salads | Grated Carrots & Sultanas Salad | Cauliflower & Coriander Salad | Chef's House Salad | Sweet Chilli, Tomato & Basil Salad | Crunchy Coleslaw |
| | Characa O Cuantana with | | | | |

Homemade Cheese Twist





DAILY OPTIONS - Daily Salad / Fresh Bread / Seasonal Fresh Fruit Platter / Organic Yoghurts



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Please Note that some dishes maybe subject to local changes to suit individual school needs

Chef's House Salad

Fruity Yoghurt Crunch





Salads

Dessert

FRENCH COOKING

Macedoine is a French cooking term for a mixture of chopped vegetables.

Beef Bourguignon is a French stew made with beef, mushrooms and onions.





Cheese & Crackers with

Grapes & Apple Wedge

Carrots & Cucumber

Ribbons

Cheese & Crackers with

Grapes & Apple Wedge

Dessert

IMPORTANT INFORMATION:

Every effort is made to minimise risk of cross-contamination. However, it should be noted that our food is prepared in a kitchen where known allergens may be present and therefore the risk of cross-contamination remains a risk. Please ask staff for further details regarding specific dietary requirements and/or allergens.



