

ST AGNES

Catholic Primary School

With Jesus beside us, we do our best

PRAYER BOOK



Welcome to the St Agnes Prayer Book — we hope that you will enjoy praying with your children at home as much as we do at school.

We believe prayer is a shared experience, a conversation with God and that we all have our own way of 'talking and listening to God'. There is no right way to pray!

However, we believe that the traditional prayers that are said regularly in our school and parish community are important to pass on to our Children. Please help your child to become familiar with them and enjoy the experience of praying together at home.

Prayer is when we talk to God.

We can pray privately, that is on our own and we can pray in a group or in a community. We can pray with our family, with our friends at school or at play.

We can pray anywhere. We can pray in church, at home, at school and even while travelling like on a train or on the bus.

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The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit.
Amen.

Actions to teach your child

With their right hand (touch forehead) - In the name of the Father, (touch heart) and of the Son (touch left shoulder) and of the Holy (touch right shoulder) Spirit (join your hands)
Amen.

You may also wish to teach your child an alternative sign of the cross:

From my head to my heart, from my shoulder to my shoulder, I belong to God my Father.

The Sign of the Cross is the mark of a Christian. We make this Sign of the Cross when we start and end our prayers. It is our special sign.

In this prayer we praise and glorify the Holy Trinity.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit; as it was in the beginning, is now and ever shall be, world without end.

Amen.

Our Father

Our Father who art in heaven,
hallowed be thy name;
Thy kingdom come;
Thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

*Jesus taught us The
Our Father when
one of his disciples
asked him to teach
them to pray.*

(Matthew 6: 9-13)

Hail Mary

Hail Mary, full of grace, the Lord is with thee;
Blessed art thou among women and blessed is the fruit of thy
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now, and at the hour of our death.
Amen.



Prayers for Mass

The Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly king, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Prayers for Mass

The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord, (*all bow*)
who was conceived by the Holy Spirit, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was
buried; he descended into hell; on the third day he rose again
from the dead; he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.
Amen.

The creed is a list of what we believe in. The word 'Creed' means 'I believe'.

Holy, Holy

Holy. Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Our Classroom Prayers

Morning Prayer

O my God you love me, you're with me night and day.
I want to love you always in all I do and say.
I'll try to please you Father, bless me through the day.
Amen.

Lunchtime Prayer

Bless us O Lord as we sit together, bless the food we eat
today, bless the hands that make the food, bless us O Lord.
Amen.

Home time Prayer

God our Father, I come to say thank you for your love
today, thank you for my family and all the friends you give to
me.
Guard me in the dark of night and in the morning send your
light.
Amen.

Blessing

God the Father, bless us;
God the Son, defend us;
God the Spirit, keep us;
Now and ever more.



Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen

The Hail Holy Queen

Hail, holy Queen, mother of mercy; hail our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, your eyes of mercy towards us; and after this our exile, show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us, O holy Mother of God.
That we may be worthy of the promises of Christ.

Eternal Rest – Prayer for the Dead

Eternal rest grant unto them O Lord,
and let perpetual light shine upon them,
may they rest in peace.
Amen.

Prayers of Sorrow

Dear God, I am sorry if I have upset anyone today.
Help me to try and be better tomorrow.
Amen.

Act of Contrition *(which we say in Confession)*

O my God, because you are so good,
I am very sorry that I have sinned against you
and with the help of your grace, I will try not to sin again.

The Angelus (Upper KS2 Children should learn this)

The Angel of the Lord declared unto Mary:
And she conceived of the Holy Spirit.
Hail Mary full of grace ...

Behold the handmaid of the Lord:
Be it done to me according to thy word.
Hail Mary full of grace ...

And the Word was made flesh:
And dwelt among us.
Hail Mary full of grace ...

Pray for us, O holy mother of God.
That we may be made worthy of the promises of Christ.

Let us Pray:

Pour forth, we beseech thee, O Lord,
your grace into our hearts,
that we, to whom the Incarnation of Christ your Son,
was made known by the message of an angel,
may, by his passion and cross,
be brought to the glory of his resurrection,
through the same Christ our Lord.
Amen.

Act of Faith

O my God I believe in you and all your Church teaches because you have said it and your word is true.

Amen.

Act of Hope

O my God I hope in you for grace and for glory because of your promises, your mercy and your power.

Amen.

Act of Love

O my God I love you with all my heart and for your sake I love my neighbour as myself.

Amen.

These three short prayers tell God that we believe in him, hope in his promises and love him. We should say them often.

The Ten Commandments

1. You shall not have strange Gods before me.
2. You shall not take the name of the Lord in vain.
3. Remember to keep holy the Sabbath Day.
4. Honour your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet your neighbour's goods.



The Seven Sacraments were given to us by Jesus. They are special celebrations in our Christian life.

The Seven Sacraments

1. Baptism.
2. Reconciliation.
3. Holy Communion.
4. Confirmation.
5. Anointing of the Sick.
6. Marriage.
7. Holy Orders.

The Stations of the Cross

1. Jesus is condemned to death.
2. Jesus accepts his cross.
3. Jesus falls for the first time.
4. Jesus meets his mother Mary
5. Simon of Cyrene helps to carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.
8. Jesus speaks to the women.
9. Jesus falls for the third time.
10. Jesus is stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.



The Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation.
2. The Visitation.
3. The Nativity.
4. The Presentation in the Temple.
5. The finding of Jesus in the Temple.

The Luminous Mysteries

1. The Baptism in the River.
2. The Wedding at Cana.
3. The Proclamation of the Kingdom.
4. The Transfiguration.
5. The Institution of the Eucharist.

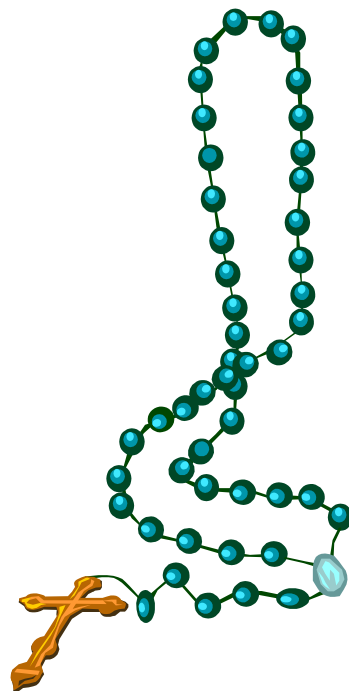
The Sorrowful Mysteries

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The carrying of the Cross.
5. The Crucifixion.

The Glorious Mysteries

1. The Resurrection.
2. The Ascension.
3. The Coming of the Holy Spirit.
4. The Assumption.
5. The Crowning of Mary.

The Rosary is a prayer giving honour to Mary. It consists of 5 decades, each beginning with a short thought about one of the mysteries, telling stories about Jesus' life. In each decade we say 1 Our Father, 10 Hail Marys and 1 Glory Be. We can use the Rosary beads to count. There are 4 sets of Mysteries.



Spontaneous Prayers

In addition to the traditional prayers that we say in school, we use everyday situations to 'talk to God'. For example, during the day we encourage children to say thank you to God.

Thank you God for a lovely day, thank you God for my family, thank you God for.....

Night prayer is very important too. The close of the day is an opportunity to share a quiet time with your child/children and to thank God for the gifts or challenges of the day.

We hope you enjoy the experience of praying with your child.

ST AGNES PRAYER AWARDS

DURING YOUR BUBBLE CLOSURE, WORK TOWARDS ACHIEVING THESE AWARDS. ON YOUR RETURN TO SCHOOL, YOU WILL BE TESTED AND WILL RECEIVE A SPECIAL CERTIFICATE IF YOU ARE SUCCESSFUL.

AWARD	WHAT I NEED TO DO TO ACHIEVE THIS AWARD
PRAYER GESTURE AWARD	FOR ACCURATELY AND REVERENTLY BLESSING YOURSELF AND GENUFLECTING
CORE VALUES AND MISSION STATEMENT MOTTO AWARD	FOR ACCURATELY STATING THE MISSION STATEMENT AND LISTING THE CORE VALUES OF THE SCHOOL
GRACE AWARD	FOR ACCURATELY AND REVERENTLY SAYING GRACE BEFORE MEALS AND GRACE AFTER MEALS
DISCIPLES' AWARD	FOR ACCURATELY NAMING ALL THE DISCIPLES
MASS AWARD	FOR ACCURATELY RECITING THE CONFITEOR, GLORIA, APOSTLES CREED AND LAMB OF GOD
SAINTS AWARD	FOR ACCURATELY NAMING PATRON SAINT OF THE SCHOOL; NAME PATRON SAINTS OF SCHOOL CLASSES AND THEIR PATRONAGE; RECITE 3 SAINTS' PRAYERS OF YOUR CHOICE
TRINITY AWARD	FOR ACCURATELY AND REVERENTLY RECITING OUR FATHER, GLORY BE AND HOLY SPIRIT PRAYER
HEAVENLY GRACES	FOR ACCURATELY RECITING THE ACT OF FAITH, ACT OF HOPE AND ACT OF CHARITY
REMEMBRANCE AWARD	FOR ACCURATELY AND REVERENTLY RECITING ETERNAL REST PRAYER, PSALM 129 AND ACT OF REMEMBRANCE
MERCY AWARD	FOR ACCURATELY LISTING THE CORPORAL AND SPIRITUAL WORKS OF MERCY
ROSARY AWARD	FOR ACCURATELY LISTING ALL THE MYSTERIES OF THE ROSARY IN THEIR CORRECT GROUP AND ORDER: JOYFUL, GLORIOUS, SORROWFUL (LUMINOUS)
MARIAN AWARD	FOR ACCURATELY AND REVERENTLY RECITING: HAIL MARY, HAIL HOLY QUEEN AND THE MEMORARE
DIVINE PRAISES AWARD	FOR ACCURATELY AND REVERENTLY RECITING THE DIVINE PRAISES

