

St Agnes Catholic Primary School



School Prayer Book

Year 1

What is prayer?

We pray when we talk and listen to God.
There are many different prayers we can use.

We can pray privately on our own or we can pray with others in a group.

We can pray within our family or with our friends.

Where can we pray?

We can pray anywhere: in church, at home, at school or any other place such as while travelling or waiting somewhere.

God is always ready to listen and talk to us.



Sign of the Cross

The sign of the cross is our most special Christian sign. We make the sign of the cross at the beginning and end of many things we do.

In the name of the Father and of the Son and of the Holy Spirit.

Amen



Hail Mary

The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her.

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now and at the hour of our death.
Amen

Our Father

*When one of the disciples asked Jesus how to pray, He taught us the
Our Father prayer.*

Our Father,
who art in heaven,
hallowed be Thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen



Morning

Prayer

O my God you love me,
you're with me night and day.
I want to love you always
in all I do and say.
I'll try to please you Father,
bless me through the day.
Amen



Prayer before lunch

Bless us, O Lord,
as we stand together,
Bless the food we eat today.
Bless the hands that make the food
Bless us, O Lord.
Amen

Prayer for Peace

God our Father,
lover of all nations, we pray for peace:
peace in our hearts and in our homes,
peace among nations and in our world.
Amen



Home time Prayer

God our Father, we come to say
thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light.
Amen

Glory Be

*In this prayer, we praise the Holy Trinity: God the Father, God the Son
and God the Holy Spirit.*

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen



Prayer to my Guardian Angel

God gave each one of us an angel to look after us. We cannot see him but we can pray to him. This is a prayer to your Guardian angel.

Angel of God
my Guardian dear,

to whom God's love commits me here.
Ever this day be at my side
to light and guard,
to rule and guide.
Amen

